



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2019

Sporting Excellence in Karate

National Level

Emily Sanderson

This is to certify that Emily Sanderson has achieved the standard of Sporting Excellence in Competition Sport Karate. Emily competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

Championship Success - 2 Gold 1 Silver 1 Bronze

Hull & East Riding Junior Championships - 12th May, Bilton
Gold - Individual Kata

Wado UK Championships - 1st September, Hull
Bronze - Individual Kata

Shindo Kai Championships - 17th November, Barnsley
Gold - Individual Kata
Silver - Pairs Kata

Congratulations on your sporting achievements throughout 2019. Well done Emily.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

